



Naturopathic Medicine is not just the use of natural therapies; it is the art and science of individualized health care, going beyond superficial symptoms, and getting to the root cause of the illness or disease.

Dr. Dahl has moved to Living Water Natural Health in beautiful White Rock

June 2, 2008

My dearest patients,

I have some very exciting news to share with you. As of June 3rd, my practice will be relocating to Living Water Natural Health in sunny White Rock. This relocation will allow me to serve you Tuesdays and Thursday as well as offer Vega screening on Mondays. Full pharmacy service will be available at this location as well. In order to save you all time, hassle and gas money, we are going to encourage patients to obtain refills via email. My receptionist, Jennifer, will be available at reception@drnicoledahl.com When you wish to refill pharmacy items, simply email Jennifer and she will fill your prescription and send it to you via express post. It will arrive at your door in two days. I hope this service will make pharmacy refills more convenient for you. If you do not have access to email, you can phone in your order as well. And of course, you can always refill pharmacy, in person, at the clinic. The pharmacy will be open

Monday 10-3, Tuesday 1-5 and Thursday 10-5.

For many of my South Surrey and White Rock patients, this move is going to be very convenient for you. I realize, however, that those who live in Abbotsford and Maple Ridge are not going to be as excited about this relocation. I would like to apologize for this inconvenience. One option you will have is to let Jennifer know that you would prefer to conduct your return office visits via phone. As long as no physical examination is required, I am happy to offer this service.

Other news to announce for those who have not noticed already...we are expecting our third child in October! Not having planned this little blessing, I am finally coming around to anticipating the new arrival. I have found an amazing Dr. to help me out for three months in the fall as I attend to the frequent feeding schedule. Her profile will be available on my website shortly. She is a brilliant physician certified in acupuncture as well. Her passion revolves around treating women and children, so she is a perfect fit to serve you in

my short absence. She will be at the clinic to meet some of you, as she orients herself to the new clinic, in late June and through the summer.

I know that change can be a bit disconcerting until things become familiar once again. We look forward to making the transition as smooth as possible for you. Please let us know what is working or not working for you as we move through this adventure together. I am looking forward to seeing you at our new location. We are only 5 blocks up from the water, so plan to take a walk on the beach, before or after your appointment at the clinic, for some fresh sea air and an opportunity to marvel at the beauty of the ocean.

Blessings to you all,

A handwritten signature in cursive script that reads "Nicole Dahl".

JUNE08